

<b>WEEK 1</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
8:00 - 8:20am	Gratitude	Gratitude	Gratitude	Gratitude	Gratitude
8:30 - 8:55am	break	break	break	break	break
9:00 - 10:00	TASK Group Session	Survival vs Healing	TASK Group Session	<b>8:30-9:20 am</b> Anger	<b>8:30-9:20 am</b> TASK Gender Specific Trauma Therapy
10:00 - 10:15	break	break	break	break	break
10:15 - 11:30	<b>10:15 - 11:30</b> Parenting  <b>Carl Perkins Center</b>	<b>10:15 - 11:30</b> Parenting  <b>Carl Perkins Center</b>	<b>10:15</b> Zen Attitude Mindful Awareness	<b>9:30</b> outside meeting (women) scheduled movie (men)	<b>9:30</b> outside meeting (men) scheduled movie (women)
11:30-12:00p	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
12:00-1:00pm	break	break	break	break	break
1:00-2:00pm	<b>Individual Sessions</b>	<b>Individual Sessions</b>	<b>Individual Sessions</b>	<b>Individual Sessions</b>	<b>Individual Sessions</b>
2:00 – 3:00pm	“A Vision for You” (AA)	Bill Wilson Documentary  youtube 1 hr 40 mn	Cycle Of Addiction	Honesty, Open Mindedness, Willingness	Mindfulness
3:00 – 3:15 pm	break	<b>10 mn break only</b>	break <b>(TX team)</b>	break	break
3:15 – 4:15 pm	Experiential Therapy: Fears	Bill Wilson Documentary  youtube 1 hr 40 mn	Mindset of Abundance	CBT: Definitions,Term Self Diagnosis	The Disease Of Addiction Education
4:15-4:30pm	Community		Community		Community